

# Advocate Aurora Health COVID-19 Resource Center

As we navigate the COVID-19 pandemic together, you can count on us to be here – every day, 24/7. We're committed to keeping you informed and guiding you to the care you and your family need.

**If you think you've been exposed to COVID-19 or are experiencing fever, cough or shortness of breath, start with our [COVID-19 Symptom checker](#) or call 866-443-2584. Our symptom checker is the quickest way to find out what to do next.**

## Virtual Visits

You can see a provider 24/7 with a [virtual visit](#) on [MyAdvocateAurora.org](#) or the [Advocate Aurora Health LiveWell app](#) ([advocateaurorahealth.org/livewell](#)).

**The [Advocate Aurora Health COVID-19 Resource Center](#) ([advocateaurorahealth.org/coronavirus-disease-2019](#)) provides vital information, including:**

- [COVID-19 Symptom Checker](#)
- Information about COVID-19 testing
- Helpful information from the [CDC](#) ([cdc.gov](#))
- COVID-19 stories from [Advocate Aurora Health health enews service](#) ([ahhealthnews.com](#)), including [The power of social distancing explained in one chart](#).
- How you can help during this critical time
- Updates on Advocate Aurora Health visitation policies, virtual clinics and more

**The Center for Faith and Community Health Transformation** (a joint initiative of Advocate Aurora Health and the Office for Community Engagement and Neighborhood Health Partnerships at the University of Illinois at Chicago) continually updates **[a list of COVID-19 resources](#)**, including mental health resources, faith community resources, social service resources and more.

## Prevention tips

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose and mouth.
- Stay home when you're sick.
- Cover your cough or sneeze with a tissue. Throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.
- [Wash your hands](#) often with soap and water for at least 20 seconds.