Jewish Recovery Resources

Jewish Resources

Jewish Resources for Addiction and Recovery

JAAN continues to actively research Jewish addiction and recovery resources and events in communities across the country as well as Canada. We will be adding resources and communities continually, so please check back often. Resources and events are grouped by geographic location.

Help us build our resource and events directory. If you know of resources and events in your community that belong on this list, please share them with us here.

Be sure to also visit our general resources and library.

Disclaimer About Advice. The website does not provide medical or psychological advice and the information contained on the website is not intended to be a substitute for, or to be relied upon, as medical or psychological advice, diagnosis, or treatment. We are not directing any individuals to specific treatment modalities or treatment providers. This website is for informational purposes only. Always seek the advice of a qualified health provider with any questions you may have regarding a medical



tinyurl.com/3x997656

How to Be a Jewish Recovery Ally

- Sign up for a naloxone (overdose reversal drug) training and learn more about <u>harm reduction</u> strategies and resources.

- Make time to listen with an open mind and heart, suspending judgment and the desire to "fix."









tinyurl.com/yy2uakrc

SEDENITY SHARBAT DESCUDE GUIDE

JCFS Chicago is here to support individuals, families, and congregation serve you as you create a thoughtful exploration of addiction and a joy

Ways to Celebrate Serenity Shabbat in Synagogue:

- Kiddush and Oneg: Tzedakah
- Recovery Speakers and Stories; Prayers, Readings, and Observance
- 12-Step Torah; Drash/D'var Torah

Synagogue Registration for Serenity Shabbata

Ways to Celebrate Serenity Shabbat At Home: (Registration not required for individuals and families

- Kiddush: Tzedakah
- Recovery Speakers and Stories: Prayers, Readings and Observance
- · 12 Step Torah; Giving a Drash

- Jewish Recovery Resource Materials; Jewish Recovery Websites
- . Understanding Addiction and Recovery; The 12 Steps of AA
- Recovery Zoom Meeting List
- . Jewish Prayers & Practices for your 12-Step Journey
- Bibliography and References

Sample E-News Blast and Fiver







tinyurl.com/8xwsu7jc

ADDICTION SERVICES

Prevention, Help and Hope

There is a pervasive myth that addiction is not allewish issue. In reality, reinforces shame and isolation and can inhibit community members fr struggling with addiction or celebrating recovery find information and

In addition, the following document and audio files offer a guided med

Overdose deaths are skyrocketing as a result of the devastating effects psychoactive drug use can be deadly. What should you do?

Community Fentanyl Alert

Parent Fentanyl Alert

Teen and Young Adult Fentanyl Alert

Community Education

- . Jewish volunteers who are in addiction recovery are available to sp
- · Presentations for Older Adults on safe use of prescription medicati Youth Addiction Prevention programs for 6th, 7th and 8th graders at
- Education on all types of addiction for community groups

In partnership with CJE Seniorlife, EZRA, and The ARK: substance (





tinyurl.com/5cdkkyy8

Tikvah Center for Jewish Recovery and Healing

Clinical Counseling

Individuals, Couples, and Families

We provide individual, couples, family, and group spiritually integrated psychotherapy. Our staff has flexible schedules and is available for morning, afternoon, and evening sessions. Many of our therapists also work on Sundays. Individual sessions are typically 50 minutes long, though there are times with couples and families that we may ask for additional time to meet. During an initial session, our clinicians will orient you to the process of therapy and will explain our unique practice approach. Clients are encouraged to ask questions and to participate in the process of establishing goals and regularly discussing progress toward those goals. We see ents from various cultural, ethnic, and religious backgrounds, and we value the uniqueness of each client we serve. We also work with people of all abilities, genders, and sexual orientations. Many of our therapists have backgrounds working with families, vulnerable youth, and individuals who have been impacted by trauma, violence, and addictions.

Group Therapy

The Kiddush Club is a continuing care process group for people who have completed primary treatment for a substance use disorder and/or have maintained 40+ consecutive days of sobriety and are looking to connect continuing care with Jewish cultural and/or spiritual principles. The Kiddush Club utilizes Midrash Therapy as its therapeutic orientation.

Faith In Recovery

Faith In Recovery is a continuing care process group for clergy and faith leaders who have completed primary treatment for substance use disorder and are



tinyurl.com/2p9yd4x9

Resource Category: Substance Related and Addictive Disorders







tinyurl.com/msbwhsk8



JewishPrayers & Practices for your 12-Step Journey

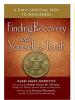




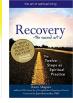


tinyurl.com/33x8t9db

Jewish Reading/Books on Addiction and Recovery















tinyurl.com/54dd64hx



