

Suicide Bereavement Resources

A member of my congregation has lost a loved one through suicide. What support and bereavement resources can I share?

[Loving Outreach to Survivors of Suicide \(LOSS\)](#) is a non-denominational program that supports individuals who are grieving the loss of a loved one by suicide. Support groups are offered online in a safe, non-judgmental environment where survivors of suicide can openly talk about feelings and experiences.



[Alliance of Hope](#) offers online access to community forums to help prevent suicide as well as supporting survivors of suicide loss.

[988 Suicide & Crisis Lifeline](#) offers a comprehensive directory of support groups for suicide loss survivors that you can look through to find one that best meets your needs.

[American Foundation for Suicide Prevention](#) lists U.S. and international suicide bereavement support groups as a public service to loss survivors.

[Suicide Awareness Voices of Education](#) offers a bereavement support group listing.

[Suicide Prevention Resource Center](#) offers a directory of resources for survivors of suicide loss.

[Crisis Connections](#) offers a drop-in support group twice a month for those who have lost a loved one to suicide.

[Speaking of Suicide](#) is an online Facebook suicide survivor page where individuals can share their experiences with suicide.

[The Compassionate Friends](#) is one of the oldest online platforms for bereaved individuals to gather self-help grief support to families struggling with the loss of a loved one due to suicide.

[Healing Conversations](#): Personal support for suicide loss from the American Foundation for Suicide Prevention

[Resources for suicide loss survivors](#) from the Family & Youth Institute, a research and education institute that specializes in the needs of American Muslims.

[Jewish Children and Family Services Chicago](#) offers a Grieving a Loss to Suicide support group.

[Fox Valley Institute](#) offers an online bereavement support group for those who have lost a loved one through suicide.

Suicide Prevention Resources

I want to educate my members about suicide prevention. What resources can I share?

- [Centers for Disease Control and Prevention Suicide Resources](#)
- [American Foundation for Suicide Prevention](#)
- [Talk Saves Lives](#)
- Warning Signs of Suicide. What to do if You Suspect Someone is Thinking About Suicide: NAMI. [English version](#). [Spanish version](#)
- [#BeThe1To campaign materials](#).
- [Faith.Hope.Life](#) suicide-prevention campaign for faith communities.
- Navigating a Mental Health Crisis: A NAMI Resource Guide for Those Experiencing a Mental Health Emergency: NAMI. [English version](#). [Spanish version](#).
- [Mental Health Ministries Suicide Prevention Resources](#)
- [Suicide Prevention Resource Center - Faith Communities Resources](#)
- [The Role of Faith Communities in Suicide Prevention - a Guidebook for Faith Leaders](#)
- [The Family & Youth Institute Suicide Prevention Community Action Guide](#).



One of my members is showing warning signs of suicide. How can I help?

Refer your member to any of the following support hotlines:

- [988 Suicide & Crisis Lifeline](#): 988 or 1-800-273-8255
- NAMI Crisis Text Line: Text NAMI to 741-741
- [NAMI Chicago Helpline](#): 833-NAMI-CHI
- [NAMI Southeast Wisconsin](#): 414-257-7222
- [The Friendship Line](#) - 1-800-971-0016
- [Crisis Text Line](#) - HOME to 741741
- [SAMHSA's National Helpline](#) - 1-800-662-HELP (4357)
- [Maternal Mental Health Hotline](#) - 1-833-9-HELP4MOMS